

## Laser Treatment of Acne Scarring

*Smoothbeam laser therapy is an effective way to treat your acne scars. Medical lasers have been used for over 20 years to treat many medical and cosmetic skin conditions.*

*You likely have questions about any new treatment, such as Smoothbeam for acne scars.*

*Inside are the most commonly asked questions and answers about this procedure.*



*For the most current information on this therapy please visit [www.candelalaser.com](http://www.candelalaser.com).*

*This pamphlet is intended to provide general information only. For details pertaining to your specific situation, consult your physician or aesthetic practitioner.*

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**Patient Information**

### How does laser treatment work?

Smoothbeam laser treatment employs a patented LASR™ (laser assisted skin renewal) process to safely target and heat collagen in the upper dermis, stimulating new collagen formation. New collagen can improve the appearance of atrophic acne scars by reducing the depth and softening the edges of the scar.

### What will the treatment be like?

Treatment will take place in your provider's office. You will wear safety eyewear to protect your eyes from the laser light. The laser will be guided to the treatment areas with a small handheld probe. Each laser pulse is preceded by a short pulse cooling spray. Depending on the size of the treated area, sessions last from ten to 20 minutes.

### How many treatments will I need?

After the first session, you will be seen for a follow-up evaluation. The number of subsequent treatments depends on the anatomical location of the scars, their depth, and the desired results. Treatments may be performed every three to five weeks.

### Are there risks or side-effects?

Medical lasers such as the Smoothbeam have been safely used for more than 20 years to treat medical and cosmetic skin conditions. In general, most procedures have a low risk of side effects. More aggressive treatments might induce some temporary discoloration or reddening of the skin. Some patients might experience slight changes in skin color. If this occurs, the skin will typically return to normal pigmentation over time.

### Does it hurt?

The Smoothbeam's patented Dynamic Cooling Device™ (DCD™) technology protects the upper layers of your skin with a cooling burst of cryogen. In some circumstances, topical anesthesia may be used—you can discuss this option with your practitioner.

### What do I need to do before treatment?

Your skin should be thoroughly cleaned to remove any makeup, creams or oils on its surface before the laser procedure. You should avoid sun exposure for two weeks before and after the laser treatment.

### What can I expect after treatment?

Mild redness is usually seen immediately after the procedure and typically subsides in a few hours. Some patients report seeing improvement in their scars after a few treatments. Results vary with each patient; you should discuss your expectations with your practitioner.

### How should I care for my skin after treatment?

After laser treatment, you should avoid rigorous scrubbing of the treated area. Cleanse the treated area gently. Be sure to avoid sun exposure and use sunscreen during the course of your treatment. Your practitioner may advise additional precautions.

### Are treatments covered by insurance?

Most insurance companies do not offer reimbursement for cosmetic procedures; however you should consult your insurance carrier for specific information.

## Before and After Treatment Results

